

Computer Glasses

vs.

Blue Light Glasses



Optimized for 3-5 ft viewing
Clear or tinted



Lens



Blue blocker filtered
Slight yellow tint

- ✓ Reduce headaches when trying to read
- ✓ Provide vision correction
- ✓ Reduce eye strain



Benefits

- ✓ Optimize eyesight when looking at digital screens
- ✓ Improve sleep quality
- ✓ Reduce eye strain

- ✓ You get a headache when you try to read
- ✓ You need to correct vision for mid-range distance



Best used

- ✓ Your eyes are tired and sore from prolonged screen use
- ✓ You want to reduce eye strain, blurry vision, and headaches

- ✓ People with difficulty seeing things up close
- ✓ Mostly those over the age of 40



Made for

- ✓ Anyone staring at digital devices for long periods of time
- ✓ Anyone exposed to blue light

XP Health

